

## Common Medical Abbreviations you may encounter when reading your notes in MyChart

## **REMEMBER:**

- The notes you are reading in your medical records are a tool that your provider uses to communicate with other providers who are involved in your care, either now or in the future.
- Your notes will often contain abbreviations that allow providers to more quickly communicate what their co-workers. They are not necessarily written for a person who has a non-medical background.
- Below is a list of commonly used medical abbreviations. This is NOT a comprehensive list, but should provide definitions for terms you are likely to encounter most frequently.
- If you have any questions about what you are reading in a note, please do not hesitate to reach out to the provider who wrote it for an explanation.
- A/P: Assessment and Plan
- BMI: Body Mass Index (a calculated number based on your height and weight)
- **BMP: Basic Metabolic Profile** 
  - (a blood test looking at levels of electrolytes and kidney function)
- BP: Blood Pressure
- C&S: Culture and Sensitivity (A lab test to attempt to grow bacteria, viruses, or fungi and then test which medications will effectively work to stop the infection)
- C/O: complains of
- CBC: Complete Blood Count
- CC: Chief Complaint
- CCE: clubbing, cyanosis or edema
- Chemistry: a blood test looking at levels of electrolytes and kidney or liver function; May be referring to either a BMP or a CMP
- Chem Panel: a blood test looking at levels of electrolytes and kidney or liver function; May be referring to either a BMP or a CMP
- CKD: Chronic Kidney Disease
- CMP: a blood test looking at levels of electrolytes, kidney and liver function
- Coags: Usually referring to blood tests like the PT with INR and PTT that measure how "thin" the blood is and reflect how your liver is working and/or how well blood thinners you are taking might be working
- D/Dx: Differential Diagnosis (a list of possible diagnoses that your provider thinks might explain you symptoms)



- DOE: Dyspnea on exertion (this means symptoms of shortness of breath that occur when you exert yourself)
- DM: Diabetes Mellitus
- DMII: Diabetes Mellitus Type II
- ECG/EKG: Electrocardiogram
- EOMI: Extra-ocular eye movements intact
- **ESRD: End Stage Renal Disease**
- **ETOH: Alcohol**
- ETT: Endotracheal tube
- EXT: Extremities (arms, legs, hands and feet)
- F/U: Follow-up
- GI: Gastrointestinal
- GU: Genito-urinary (referring to the Urinary Tract)
- H&H: Hemoglobin and Hematocrit (Measures of the number of Red Blood Cells; often checked to rule out anemia)
- H&P: History and Physical
- HCT: Hematocrit (Measure of the number of Red Blood Cells; often checked to rule out anemia)
- HGB: Hemoglobin (Measures of the number of Red Blood Cells; often checked to rule out anemia)
- HgBA1C: A blood test that measures your average blood glucose control over the last 3 months
- HPI: History of the Present Illness (this is the information you share about the reason for your visit with your provider)
- HEENT: Head, Ears, Eyes, Nose and Throat
- HTN: Hypertension (High Blood Pressure)
- I&D: Incision and Drainage
- IM: intra-muscular
- IMP: Impression
- IV: Intra-venous
- LBP: low back pain
- LMP: last menstrual period
- ND: naso-duodenal (used often to describe a feeding tube connecting the nose to a portion of the small intestine where the food is delivered)
- Neuro: Neurologic (referring to the Neurologic system)
- NG: naso-gastric (used often to describe a feeding tube connecting the nose to a the stomach where the food is delivered)
- NJ: naso-jejunal (used often to describe a feeding tube connecting the nose to a portion of the small intestine where the food is delivered)
- N/V: nausea and vomiting
- OT: Occupational Therapy
- P: pulse
- PCP: Primary Care Provider

PERRLA: Pupils equal, round and reactive to light and accommodation



- PLT: Platelets (a portion of your blood that helps to stop bleeding)
- PMHx: Past Medical History
- PO: to be taken by mouth
- PR: to be taken by rectum
- PRN: As needed
- PSHx: Past Surgical History
- Pt: Common abbreviation for patient
- PT: a measure how "thin" the blood is and reflect how your liver is working and/or how well blood thinners you are taking might be working – when referring to a lab -May also be referring to Physical Therapy
- PT with INR: PT (as defined above) with International Normalized Ratio (INR) a way to compare PT values between different laboratories; used to help understand how "thin" the blood is and to help adjust the amount of blood thinners a patient might need
- PTT: another blood test a measure how "thin" the blood is and reflect how your liver is working and/or how well blood thinners you are taking might be working
- Renal Function Panel: a blood test looking at levels of electrolytes and kidney function; Similar to a BMP (see above)
- R/O: Rule Out (usually refers to a diagnosis or condition that your provider is actively trying to figure out if you do *not* have)
- RR: Respiratory Rate
- SocHx or SH: Social History
- SOB: Shortness of breath
- SQ: Sub-cutaneous (under the skin)
- ST: Speech Therapy
- STI: Sexually transmitted infection
- T: Temperature
- TM: Tympanic membrane
- UA: Urinalysis
- URI: Upper Respiratory Infection
- UTI: Urinary Tract Infection
- VSS: Vital Signs Stable
- WBC: White blood cell
- WCC: Well Child Check
- WT: Weight